



EXPLORING PERSONAL IDENTITY



Year 3 - Focus: Wellbeing and Personal Capability - Duration : 50 mins	
Links to curriculum:	
Personal and Social Capability	Intercultural Capability
<ul style="list-style-type: none"> Identify personal strengths and select personal qualities that could be further developed (VCPSCSE017) Examine the similarities and differences between individuals and groups based on factors such as sex, age, ability, language, culture and religion_ (VCPSCSO020) Describe the ways in which similarities and differences can affect relationships (VCPSCSO021) Identify the importance of including others in activities, groups and games_ (VCPSCSO022) 	<ul style="list-style-type: none"> Compare their own and others cultural practices, showing how these may influence the ways people relate to each other (VCICCB005) Describe what they have learnt about themselves and others from intercultural experiences including a critical perspective on and respect for their own and others cultures_ (VCICCB006) Identify how understandings between culturally diverse groups can be encouraged and achieved (VCICCD008)
Health and Physical Education	
<ul style="list-style-type: none"> Describe factors that can positively influence relationships and personal wellbeing (VCHPEP092) Describe strategies to make the classroom and playground healthy, safe and active spaces (VCHPEP095) 	

 OBJECTIVE:	 EQUIPMENT:
<p>This lesson aims to introduce students to various domains that make up one's personal identity. Students will be introduced to key words and concepts and what weight they carry in shaping their personal identity. Nine key concepts will be explored: gender, language, age, cultural heritage, ableism, sexuality, country of birth, religion/ world view, and class.</p>	<ul style="list-style-type: none"> Personal Identity Mind Map Poster Personal Identity Activity Sheet Writing/ drawing materials (markers, pencils, crayons, etc.) Computers (for research or drawing references)

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LESSON INTRODUCTION

We are learning to:

Identify and understand various personal identity traits in order to shape our personal identities.

I can...

- Identify and explore the personal identity traits that make up one's identity.
- Identify personal strengths and qualities that contribute to my identity.
- Describe similarities and differences between individuals and groups based on the personal identity traits.
- Analyse what you have learned about yourself and others with respect to other cultures, beliefs, and personal identity traits.

Main component

Personal Identity Activity Sheet (25 mins)

- Using the personal identity activity sheet, model writing or drawing keywords that shape your personal identity. E.g. model drawing a kangaroo or writing Australian to represent birth country or reader as a hobby.
- Provide the hand-out to each student and instruct them to think about the various traits that make up their personal identity. Advise students to be as creative as they want!
- Extension Task: Provide students with the opportunity to go beyond just writing key words, and write small stories or memories relating to the personal identity traits. Discuss how certain experiences allow for a deeper understanding of self or an identity trait as a whole.
- Enabling Task: EAL/D students who are not yet confident in their literacy skills and/or students who have difficulty in conveying ideas into words may express their identities using colour pencil, illustrations, or symbols that can be explained during discussion.

Mind-mapping (15 mins)

As a class, use the Personal Identity Mind Map poster to create working definitions for each of the nine traits. Discuss each trait, some keywords that contribute to the trait, and what effect it may have on one's personal identity.

Questioning prompts:

- What trait do you typically use to describe yourself first?
- Is there a trait you don't typically incorporate into your personal identity?
- Is there a trait you don't know a lot about or want to learn more about?
- Turn to the person beside you, discuss what traits you believe you share and which traits differ.
- What other things contribute to personal identity? (discuss values, hobbies, and interests)

Reflection (10 mins)

- Students swap sheets and the class as a whole discusses differences and similarities they see in others sheets to their own. Discuss what this might say about differing world-views and perspectives.
- What traits do you share with your partner, if any? Which traits differ?
- What have you learned about your partner that you didn't know?
- What have you learned about your own identity?
- Do you and your partner have any differing perspectives and beliefs? How might you debate your own perspectives and beliefs in a way that is respectful of others perspectives and beliefs?