


CARING FOR COUNTRY

Year 7 - 10 – CURRICULUM GUIDES	
AUSTRALIAN CURRICULUM	INTERNATIONAL BACCALAUREATE
 <p>The incursion addresses these elements of the Intercultural Understanding Curriculum:</p> <ul style="list-style-type: none"> • Recognising culture and developing respect • Interacting and empathising with others • Reflecting on intercultural experiences and taking responsibility 	<p>IB Diploma Programme Subject Brief 2019 Individuals and societies: Social and cultural anthropology :</p> <p>Areas of anthropological inquiry in this course are: belonging; classifying the world; communication, expression and technology; conflict; development; health, illness and healing; movement, time and space; production, exchange and consumption; and the body. Key anthropological concepts addressed in this lesson plan include: belief and knowledge, change, culture, identity and symbolism.</p>

OBJECTIVE

To learn about how Aboriginal people care for country through:

- bush tucker information and quiz
- singing traditional Torres Strait Islands lullaby 'Inanay' featuring Aboriginal language for the word 'goanna' (goo-wanna)

RESOURCES

- Teacher laptop linked to wifi and digital display screen
- Pen and paper, computer or tablet for students to write quiz answers

BACKGROUND - 5 min

Australian Indigenous communities have understood the importance of sustainability and it is central to their cultures. Traditional knowledge has been passed down through generations, and Indigenous people share knowledge about bush tucker, bush fire prevention using fire-stick farming, and predicting rain by the squawking of the Cockatoo.

Through respecting and understanding our environment, we can conserve our earth, respect our wildlife and reduce our carbon footprint – vital for the wellbeing of future generations.

DISCUSSION - BUSH TUCKER - 15 min

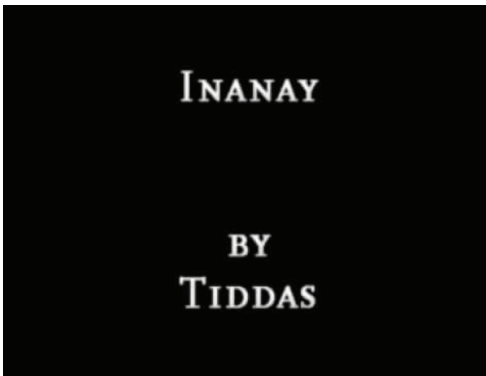
Share the information about four types of bush tucker with students.

1. Salt Bush – grey in colour, treated like a leafy vegetable or dried and used as a herb www.tuckerbush.com.au
2. Bush Banana – leaves, flowers, and white fibre inside of the fruit is edible [https://www.abc.net.au/news/rural/2017-05-03/indigenous-stockman-david-newry-on-the-hunt-for-bush-bananas/8470278#:~:text=Bush%20bananas%20\(Marsdenia%20australis\)%20are,by%20winding%20up%20other%20trees](https://www.abc.net.au/news/rural/2017-05-03/indigenous-stockman-david-newry-on-the-hunt-for-bush-bananas/8470278#:~:text=Bush%20bananas%20(Marsdenia%20australis)%20are,by%20winding%20up%20other%20trees)
3. Mulga – flowers, seeds and gum are edible <https://pfaf.org/user/Plant.aspx?LatinName=Acacia+aneura>
4. Kakadu Plum – pale green, used in jams, preserves and juices, traditionally used to treat cold, flu, headache <https://www.healthline.com/nutrition/kakadu-plum-benefits>



Have they heard about or seen any of these plants? Use the last page of the lesson plan to display the pictures and mixed-up description of these varieties of bush tucker as a small quiz.

SONG – INANAY - 🕒 10 - 20 min



[INANNAY by TIDDAS](#)

Play this video to the students and ask them to join in singing 'Inanay' as much as they can. Play it a couple of times to help them to gain confidence.

This Indigenous lullaby includes a section about the goanna (goo wana), a lizard that is an important part of Torres Strait Islander life being used for bush tucker and featuring as the creator spirit in Dreamtime stories and ceremonies. Older students may like to try some of the harmonies used by Tiddas in their version of the song.

INANAY LYRICS

Inanay gupu wanna
Inanay gupu wanna

Ay ay ay oola
Oola oola
Oola ay
Yippee yay yippee ay

Goo wana goo wana
Goo wana goo wana
Goo Wah
CHOO!

Goo wana goo wana
Goo wana goo wana
Goo Wah
CHOO!

BUSH TUCKER MIX and MATCH - 🕒 15 min

Ask each student to match the bush tucker with its correct image, matching the numbers and letters – they are currently mixed up.

1. **Bush Banana** - flowers, seeds and gum are edible
2. **Mulga** - pale green, used in jams, preserves and juices, traditionally used to treat cold, flu, headache
3. **Salt Bush** - leaves, flowers, and white fibre inside of the fruit is edible
4. **Kakadu Plum** - grey in colour, treated like a leafy vegetable or dried and used as a herb

EXTENSION - 🕒 30 min

Ask small groups of 3 – 5 students to do an internet search of other kinds of flora and/or fauna that Aboriginal people use as bush tucker. Additionally, see if they can find any images of Indigenous artwork, or traditional ceremonies featuring these plants and/or animals. Share the findings of each group in a class discussion.