

## CHINESE LION DANCE



Year 7 - 10 MUSIC CURRICULUM GUIDES AUSTRALIAN CURRICULUM INTERNATIONAL BACCALAUREATE The incursion addresses these elements IB Diploma Programme Subject Brief 2019 Individuals and of the Intercultural Understanding societies: Social and cultural anthropology Areas of anthropological inquiry in this course are: • Recognising culture and developing belonging; classifying the world; communication, expression and technology; conflict; development; health, illness and Interacting and empathising with others healing; movement, time and space; production, exchange • Reflecting on intercultural experiences and consumption; and the body. Key anthropological

and taking responsibility

respect

concepts addressed in this lesson plan include: belief and knowledge, change, culture, identity and symbolism.

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To learn about Chinese Lion Dance and ancient Chinese culture.

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- Teacher laptop and a display screen with access to the internet
- Room for students to try dance moves
- Laptops or tablets for students to research lion costumes

#### BACKGROUND - 🕑 15 min

Chinese Lion Dance is a form of traditional dance in Chinese culture and other Asian countries. It can be dated back to the Han dynasty 1800 years ago. During the dance, performers mimic a lion's movements in a lion costume. This art form is believed to bring good fortune, prosperity and longevity. Further details are shown below:

- Usually performed during the Lunar New Year, other traditional, cultural and religious festivals, etc.
- Normally operated by two dancers: one 0 controls the head and the other one forms the rear end of the lion
- Commonly performed to a vigorous 0 drumbeat, and its basic movements can be found in Chinese martial arts (kung fu)
- Accompanied by the music of tanggu 0 (Chinese drum), cymbals and gongs.

### WATCH, LISTEN AND DANCE - 🕒 20 min

Encourage students to try some Chinese Lion Dance moves! Watch the video below to let students have a better grasp of what is involved, then sections of it can be played again so that they can try it themselves.

#### John Learns to Lion Dance

Descriptions of the moves can be found at: 0:54 Horse Stance, 1:27 Dragon Stance 2:19 Cat Stance

#### EXTENSION (Year 7-10): - 🕒 30-60 min

Divide students into four small groups. Each group chooses one topic from the list below about lion costumes and does some research on it. Then, the groups present their findings using PowerPoint.

- 1. What do lion costumes consist of? What are they made of?
- 2. How are lion heads and lion costumes made?
- 3. Various kinds of lion costumes in different places
- 4. What does each colour on the lion costumes represent in Chinese culture?
- 5. What do lions and lion costumes symbolise in Chinese culture?

