

COOL CAPOEIRA



YEAR 3 - 6 MUSIC – CURRICULUM GUIDES

AUSTRALIAN CURRICULUM

- General Capability: Intercultural Understanding.
- Intercultural understanding develops students' abilities to communicate and empathise with others and to analyse intercultural experiences critically.

INTERNATIONAL BACCALAUREATE

- When experiencing arts, we make connections between different cultures, places and times.
- PYP The Arts scope and sequence p18.

OBJECTIVE

To learn about Capoeira.

RESOURCES

- Teacher laptop and display screen with access to the internet
- Register for free for Sound Infusion (optional) <https://soundinfusion.com.au/>
- Room for students to try dance moves

1. BACKGROUND - 5 min

Capoeira is a unique African-Brazilian cultural practice that fuses acrobatics, body expression, tradition, music playing and song singing. Capoeira is an exciting, high-energy martial arts disguised as dance that was originally developed by enslaved Africans in Brazil. It was granted status as "intangible cultural heritage" by UNESCO and today is practiced in hundreds of countries around the world.

2. WATCH, LISTEN AND DANCE - 20 min

- Show students the video performance of Capoeira filmed in Rio de Janeiro during the 2016 Olympics. Ask them to particularly notice aspects of the dancing, singing and playing of instruments as all 3 aspects make up Capoeira.
 - [Capoeira: Meet Brazil's Unique Blend Of Martial Art And Dance 2016](#)

- Have a class discussion about what the students noticed, and their reactions to the performance.
- Now ask them to take off their shoes and try to learn some Capoeira moves, using this video
 - [Capoeira Dance For Beginners | 5 Min Capoeira Training](#)

EXTENSION - 20 min

Explore some Brazilian instruments as a whole class with the computer program Sound Infusion.

1. Go to: <https://soundinfusion.com.au/>
2. Register to try for free
3. Go to the studio section of the website
4. Select Brazil in the library, and explore the 90+ instruments that are there
5. Create an arrangement of those sounds by dragging them around the studio
6. If the class enjoys the program, teachers can buy a package and have students set up to use it individually.