

COOL CAPOIERA



YEAR 7 - 10 MUSIC – CURRICULUM GUIDES

AUSTRALIAN CURRICULUM

The lesson plan addresses the three elements of the Intercultural Understanding Curriculum:

- Recognising culture and developing respect
- Interacting and empathising with others
- Reflecting on intercultural experiences and taking responsibility

IB Diploma Programme Subject Brief 2019 Individuals and societies:

Social and cultural anthropology

Areas of anthropological inquiry in this course are: belonging; classifying the world; communication, expression and technology; conflict; development; health, illness and healing; movement, time and space; production, exchange and consumption; and the body. Key anthropological concepts addressed in this lesson plan include: belief and knowledge, change, culture, identity and symbolism.

OBJECTIVE

To learn about Capoeira.

RESOURCES

- Teacher laptop and display screen with access to the internet
- Register for free for Sound Infusion (optional) <https://soundinfusion.com.au/>
- Room for students to try dance moves

BACKGROUND - 5 min

Capoeira is a unique African-Brazilian cultural practice that fuses acrobatics, body expression, tradition, music playing and song singing. Capoeira is an exciting, high-energy martial arts disguised as dance that was originally developed by enslaved Africans in Brazil. It was granted status as “intangible cultural heritage” by UNESCO and today is practiced in hundreds of countries around the world.

PORTUGUESE LANGUAGE - 15 - 20 min

Use the list below to help students to count to ten in Portuguese, the main language of Brazil.

Try the pronunciation guide from this website <https://l-lingo.com/free-lessons/en/learn-portuguese/numbers-1-10.html>

- um. one. • dois. two. • três. three. • quatro. four.
- cinco. five. • seis. six. • sete. seven. • oito. eight.
- nove. nine • dez. ten

WATCH, LISTEN AND DANCE - 20 min

- Show students the video performance of Capoeira filmed in Rio de Janeiro during the 2016 Olympics. Ask them to particularly notice aspects of the dancing, singing and playing of instruments as all 3 aspects make up Capoeira.
 - [Capoeira: Meet Brazil's Unique Blend Of Martial Art And Dance 2016](#)
- Have a class discussion about what the students noticed, and their reactions to the performance.
- Now ask them to take off their shoes and try to learn some Capoeira moves, using this video
 - [Capoeira Dance For Beginners | 5 Min Capoeira Training](#)

EXTENSION - 20 min

Explore some Brazilian instruments as a whole class with the computer program Sound Infusion.

1. Go to: <https://soundinfusion.com.au/>
2. Register to try for free
3. Find instruments on the interactive map of Brazil - click on them to hear and read information about each
4. Go to the studio section of the website
5. Select Brazil in the library, and explore the 90+ instruments that are there
6. Create an arrangement of those sounds by dragging them around the studio
7. If the class enjoys the program, teachers can buy a package and have students set up to use it individually.