

Exploring Personal Identity

Early Childhood

Objectives:

This activity encourages students to reflect on cultural aspects of their identity through art. Children will also be introduced to Australian native animals in order to build connections with First Nations cultures and Land. Overall, this activity aims to foster childrens' intercultural understanding as they begin to explore and connect with their own identity, and learn more about themselves and others.

Materials:

- ['Guess The Animal' PowerPoint presentation](#)
- Exploring Personal Identity Activity Sheet
- Drawing materials (markers, pencils, crayons, etc.)

Instructions:

Using the Exploring Personal Activity Sheet, introduce several simple concepts which could make up their identity, for example: age, languages spoken, hobbies, family etc. Use questions prompts with examples to inspire students.

Some aspects to consider incorporating in the cut out could be:

- Family (children may like to draw members of their family)
- Age (children may like to draw a number of symbols to represent their age)
- Favourite colours
- Hobbies (children may like to draw things they like to do)
- Experiences (children may like to draw what countries/places they have visited)
- Home (children may like to draw where they live)
- Food (children may like to draw their favourite foods/drinks)
- Favourite belongings (children may like to draw one of their favourite items)

1. Let students draw different aspects that make up their identity and related cultural components on the Exploring Personal Activity Sheet.
2. Lastly, use the Guess The Animal PowerPoint presentation to introduce native Australian animals and draw connections to their environment. Then, let students draw one of their favourite native animals on the Exploring Personal Activity Sheet as well.