

## TIROL DANCING



### PREP - Year 6 – CURRICULUM GUIDES

#### AUSTRALIAN CURRICULUM

**General Capability: Intercultural Understanding**  
Intercultural understanding develops students' abilities to communicate and empathise with others and to analyse intercultural experiences critically

#### INTERNATIONAL BACCALAUREATE

When experiencing arts, we make connections between different cultures, places and times.

PYP The Arts scope and sequence p18

### OBJECTIVE

Learn about Bavarian dance types and try some Tirol dance steps

### RESOURCES

- Teacher laptop and display screen with access to the internet
- Room for students to try dance moves

### BACKGROUND - 10 min

- Tirol Dancing is from southern Germany, Austria and the German speaking regions of northern Italy
- Bavarian folk dances include German and Austrian versions of the Waltz, Polka, Zwiefacher and the energetic Schuhplattler. Further details about these dances are below:
  - Waltz: (from German "Walzer"): a ballroom and folk dance, normally in triple time.
  - Polka: a Czech dance and genre of dance music familiar throughout all of Europe and the Americas. It originated in the middle of the nineteenth century in Bohemia, now part of the Czech Republic.
  - Zwiefacher: is a southern German folk dance with a quick tempo and changing beat patterns.

### WATCH, LISTEN AND DANCE - 20 min

Ask students to try some Tirol dance steps! The video below features dancer Rowan Classen with some students, filmed by channel 7. They learn to dance the Schuhplattler: a Bavarian courtship dance in which before the couple dances together the woman calmly does steps resembling those of a waltz while the man dances vigorously about her swinging his arms and slapping his thighs and the soles of his feet. Watch multiple times to allow students to learn some of the steps featured in the video.

- The first steps of the Schuplattler involve a 'ta, ta, ti-ti, ta' rhythm in the feet with both arms raised
- At 1:39 try the section slapping knees and feet

Video: [Rowan Classen German Dance Teaching. CH7](#)

### EXTENSION - 20 - 60 min

Search YouTube for demonstrations of each of the four dance types listed above, and have students learn their favorite dance. Groups could learn together and show their dances to the class or at an assembly.